

**Wellington 13 & O LC Champs 2020 - 18/01/2020 to 20/01/2020****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 08:20 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Prelims	1 Girls 13 & Over 200 IM	08:20 AM	_____
Prelims	2 Boys 13 & Over 50 Backstroke	08:54 AM	_____
Prelims	3 Girls 13 & Over 50 Backstroke	09:08 AM	_____
Prelims	4 Boys 13 & Over 100 Breaststroke	09:23 AM	_____
Prelims	5 Girls 13 & Over 100 Breaststroke	09:40 AM	_____
Prelims	6 Boys 13 & Over 50 Butterfly	09:54 AM	_____
Prelims	7 Girls 13 & Over 50 Butterfly	10:07 AM	_____
Prelims	8 Boys 13 & Over 200 Freestyle	10:21 AM	_____
Prelims	9 Girls 13 & Over 200 Freestyle	10:46 AM	_____
	Swimmers Counts for Warm-ups: 362		
	Finish Time	11:13 AM	_____

**Wellington 13 & O LC Champs 2020 - 18/01/2020 to 20/01/2020****Session Report**

Session: 2 Session 2

Day of Meet: 1 Starts at 03:50 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	10A Boys 13 Year Olds 400 Freestyle	03:50 PM	_____
Finals	10B Boys 14 Year Olds 400 Freestyle	03:57 PM	_____
Finals	10C Boys 15 Year Olds 400 Freestyle	04:04 PM	_____
Finals	10D Boys 16 & Over 400 Freestyle	04:16 PM	_____
Finals	1 Girls 13 & Over 200 IM	04:29 PM	_____
Finals	2 Boys 13 & Over 50 Backstroke	04:49 PM	_____
Finals	3 Girls 13 & Over 50 Backstroke	05:00 PM	_____
Finals	4 Boys 13 & Over 100 Breaststroke	05:12 PM	_____
Finals	5 Girls 13 & Over 100 Breaststroke	05:26 PM	_____
Finals	6 Boys 13 & Over 50 Butterfly	05:40 PM	_____
Finals	7 Girls 13 & Over 50 Butterfly	05:50 PM	_____
Finals	8 Boys 13 & Over 200 Freestyle	06:00 PM	_____
Finals	9 Girls 13 & Over 200 Freestyle	06:18 PM	_____
	Swimmers Counts for Warm-ups: 256		
	Finish Time	06:36 PM	_____

**Wellington 13 & O LC Champs 2020 - 18/01/2020 to 20/01/2020****Session Report**

Session: 3 Session 3

Day of Meet: 2 Starts at 08:20 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	11A Boys 13-15 800 Freestyle	08:20 AM	_____
Finals	11B Boys 16 & Over 800 Freestyle	08:41 AM	_____
Finals	12A Girls 13-15 800 Freestyle	08:51 AM	_____
Finals	12B Girls 16 & Over 800 Freestyle	09:13 AM	_____
Prelims	13 Boys 13 & Over 200 IM	09:24 AM	_____
Prelims	14 Girls 13 & Over 100 Freestyle	09:49 AM	_____
Prelims	15 Boys 13 & Over 100 Freestyle	10:09 AM	_____
Prelims	16 Girls 13 & Over 200 Backstroke	10:28 AM	_____
Prelims	17 Boys 13 & Over 200 Backstroke	10:56 AM	_____
Prelims	18 Girls 13 & Over 50 Breaststroke	11:13 AM	_____
Prelims	19 Boys 13 & Over 50 Breaststroke	11:24 AM	_____
Prelims	20 Girls 13 & Over 100 Butterfly	11:34 AM	_____
Prelims	21 Boys 13 & Over 100 Butterfly	11:49 AM	_____
	Swimmers Counts for Warm-ups: 346		
	Finish Time	12:03 PM	_____

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Session: 4 Session 4

Day of Meet: 2 Starts at 03:50 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>
Finals	22A Girls 13 Year Olds 400 Freestyle	03:50 PM _____
Finals	22B Girls 14 Year Olds 400 Freestyle	03:57 PM _____
Finals	22C Girls 15 Year Olds 400 Freestyle	04:04 PM _____
Finals	22D Girls 16 & Over 400 Freestyle	04:17 PM _____
Finals	13 Boys 13 & Over 200 IM	04:23 PM _____
Finals	14 Girls 13 & Over 100 Freestyle	04:43 PM _____
Finals	15 Boys 13 & Over 100 Freestyle	04:55 PM _____
Finals	16 Girls 13 & Over 200 Backstroke	05:08 PM _____
Finals	17 Boys 13 & Over 200 Backstroke	05:29 PM _____
Finals	18 Girls 13 & Over 50 Breaststroke	05:50 PM _____
Finals	19 Boys 13 & Over 50 Breaststroke	06:01 PM _____
Finals	20 Girls 13 & Over 100 Butterfly	06:11 PM _____
Finals	21 Boys 13 & Over 100 Butterfly	06:25 PM _____
	Swimmers Counts for Warm-ups: 269	
	Finish Time	06:38 PM _____

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Session: 5 Session 5

Day of Meet: 3 Starts at 08:20 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	23A Boys 13-15 1500 Freestyle	08:20 AM	_____
Finals	23B Boys 16 & Over 1500 Freestyle	08:40 AM	_____
Finals	24A Girls 13-15 1500 Freestyle	08:58 AM	_____
Finals	24B Girls 16 & Over 1500 Freestyle	09:18 AM	_____
Prelims	25 Boys 13 & Over 200 Breaststroke	09:37 AM	_____
Prelims	26 Girls 13 & Over 200 Breaststroke	09:55 AM	_____
Prelims	27 Boys 13 & Over 100 Backstroke	10:13 AM	_____
Prelims	28 Girls 13 & Over 100 Backstroke	10:29 AM	_____
Prelims	29 Boys 13 & Over 200 Butterfly	10:50 AM	_____
Prelims	30 Girls 13 & Over 200 Butterfly	11:03 AM	_____
Prelims	31 Boys 13 & Over 50 Freestyle	11:14 AM	_____
Prelims	32 Girls 13 & Over 50 Freestyle	11:28 AM	_____
	Swimmers Counts for Warm-ups: 344		
	Finish Time	11:43 AM	_____

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Session: 6 Session 6

Day of Meet: 3 Starts at 03:50 PM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	33A Boys 13 Year Olds 400 IM	03:50 PM	_____
Finals	33B Boys 14 Year Olds 400 IM	03:58 PM	_____
Finals	33C Boys 15 Year Olds 400 IM	04:05 PM	_____
Finals	33D Boys 16 & Over 400 IM	04:20 PM	_____
Finals	34A Girls 13 Year Olds 400 IM	04:35 PM	_____
Finals	34B Girls 14 Year Olds 400 IM	04:42 PM	_____
Finals	34C Girls 15 Year Olds 400 IM	04:58 PM	_____
Finals	34D Girls 16 & Over 400 IM	05:05 PM	_____
Finals	25 Boys 13 & Over 200 Breaststroke	05:19 PM	_____
Finals	26 Girls 13 & Over 200 Breaststroke	05:41 PM	_____
Finals	27 Boys 13 & Over 100 Backstroke	06:03 PM	_____
Finals	28 Girls 13 & Over 100 Backstroke	06:17 PM	_____
Finals	29 Boys 13 & Over 200 Butterfly	06:32 PM	_____
Finals	30 Girls 13 & Over 200 Butterfly	06:52 PM	_____
Finals	31 Boys 13 & Over 50 Freestyle	07:13 PM	_____
Finals	32 Girls 13 & Over 50 Freestyle	07:22 PM	_____
	Swimmers Counts for Warm-ups: 264		
	Finish Time	07:32 PM	_____